

Preoperative Instructions

Purpose: to inform and educate the patient regarding the scheduled surgical procedure. To establish a rapport with the patient prior to admission. To give the patient awareness of the overall process.

- Expect a call from our scheduler with the arrival time the business day prior to the surgery day. If no call is received please call the surgery center @ (678)831-4500.
- Please make arrangements to have another adult accompany you to the facility and drive you home. Have an adult available to assist you the first 24 hours after surgery for your safety.
- For children 2 and older and adults: no food or fluids (not even water) after midnight. Including candy, mints or gum. When something is present in your stomach during surgery, these contents can be inhaled into your lungs causing **Aspiration Pneumonia**. Brush your teeth without swallowing the water on the morning of surgery. Do not smoke the morning of surgery.
- For infants and children under 2: Absolutely no milk or formula after midnight. Infants may have clear liquids until 4am in the morning. Clear liquids include: water, clear fruit juices without pulp, gelatin, & popsicles with no bits of fruit. Nothing after 4am. NO V-8 fruit juice.
- Please bring a list of medications including dosages. Please take any high blood pressure, thyroid, heart medications, beta blocker, anti-seizure medications, asthma, anti-acids, anxiety, allergy and pain medications the morning of surgery. **Do not take diabetic medications the morning of surgery. Stop all aspirin /related products. Anti-inflammatories products includes, Ibuprofen, Motrin, Naprosyn, BC powder, Aleve, Advil or any medication considered "NSAIDS." Tylenol is ok.**
- Discontinue all herbal medications. Discontinue all diet pills at least two weeks prior to surgery.
- For any changes in physical condition (vomiting, diarrhea, cold, fever, flu or sore throat)
- Please call the surgeon's office.
- For any questions, call (678)831-4500 between the hours of 8:00am and 5:00Pm Mon-Fri.

TO DO:	DO NOT:
1. Remove piercings, hairpins, jewelry from your body. 2. Shower or bathe with antibacterial soap such as Dial. No lotions on the face/neck. 3. Bring all paperwork/cd's/films from the surgeon's office. Bring insurance cards & photo ID.	1. Do not wear makeup including false lashes. 2. Bring any valuables to the facility. 3. Arrive early, you may have a longer wait. 4. Arrive late, your surgery may be delayed.

- Bring child's empty bottle or sippy cup with juice only. Bring child's favorite toy or stuffed animal. Bring an extra pair of underwear.
- If you're not the child's biological parent, bring legal documentation to show guardianship.
- One parent should remain at the facility with your child until discharge.
- For children under 10: One parent is allowed to walk back to the OR until the child is asleep, Unless, the procedure has sterile restrictions. Taking pictures and/or videos is strongly prohibited in the Operating Room. Once the child is asleep, you will be escorted to the waiting room. **Pregnant mothers are excluded due to inhalation of anesthesia gas.**

**Surgery Center Location: South Atlanta Ambulatory Surgery C
830 Eagles Landing PKWY, Stockbridge, GA 30281**

Patient Sticker

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SOUTH ATLANTA AMBULATORY SURGICAL CENTER

- Expect to be in the facility for at least 2 hours, if there were no complications.

I hereby acknowledge receipt of the above instructions & accept full responsibility of following them as stated.

Date: _____ Time: _____ /telephone verification

RN Signature: _____

Comments: _____

